

Paula Cope is President of Cope & Associates, Inc., a management consulting & training firm based in Burlington, Vermont since 1991. Paula is a consultant, facilitator, and trainer specializing in management and organizational development; strategic planning, and project management.



Since 1980, Paula has developed and presented a wide variety of programs including: project management; communications; process redesign, benchmarking, and managing change and has led numerous teams in the completion of organizational assessments and survey research.

As a consultant and trainer, Paula has worked with clients representing a diverse array of for-profit and non-profit organizations. Some of her clients include: IBM, Turner Broadcasting, The Vermont Captive Insurance Association, the State of Vermont, and the United States Botanic Garden. With her staff, they have done ground breaking work in education, health care, and financial services as well as collectively serve as volunteers at over 20 different non-profit organizations.

Paula earned two degrees from the University of Vermont, a Master of Education in Organizational and Human Resources Development and a Bachelor of Science in Physical Therapy. She is a licensed instructor for Stuart Atkins, Inc. in LIFO (process communications and stress management). She also attended the Kellogg Graduate School of Management executive program in Creating World Class Quality.

Over the past 20 years, Paula has presented professional papers nationally, is a published author in health care, and has chaired several statewide conferences on the economics of child care, total quality management, and volunteerism. She has been the project director for the Governor's Commission on the Public's Health Care Values and Priorities, and a past board member for Leadership Champlain. She was a founding member of the American Society of Training and Development - Vermont Chapter. In 2003, Paula was one of six recipients world-wide to be named an *Exemplar of Excellence* by Hillel International Center. In 2004, Paula and her family received the YMCA's *Character in Action Award*. In 2005, Paula was named *Small Business Woman of the Year* by the Small Business Administration. Her constant insomnia has allowed her to be involved in numerous other community activities. In addition, she and her husband are being raised by three active children.

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